**2018 North Carolina Women MilVets Summit and Expo**

***Empower\*Educate\*Enrich***

***I Served. My Voice Matters.***

**McKimmon Center, North Carolina State University**

**Wednesday May 2, 2018**

**8:00am-9:30am**

Registration

Continental Breakfast

Networking l Visit Exhibitors

 (Exhibitor Hall closed for opening ceremony- reopens remainder of the day)

**9:30-10:15am**

Welcome

Presentation of Colors

National Anthem l Pledge of Allegiance l Invocation

***Panel of Firsts***

**10:15am-10:30am**

Break l Route to Breakout Sessions l Networking

**10:30am-12:00pm**

Breakout Sessions l Visit Exhibitors l Networking (90 min.)

* ***Starting a Business/Entrepreneurship (Room TBA)***
* ***“We are All in Transition” Career Coaching and Resume Writing (Room TBA)***
* ***Wellness Through the Arts Panel (Room TBA)***
* ***Introduction to Mental Health First Aid (Room TBA)***

**12:00pm-12:15pm**

Break l Route to lunch

**12:15pm-1:45pm**

Lunch

Keynote Conversation with Kayla Williams, Director of the Center For Women Veterans

**1:45pm-2:00pm**

Break l Route to Breakout Sessions l Networking

**2:00pm-3:00pm**

Breakout Sessions l Visit Exhibitors l Networking (60 min.)

* ***Women Veteran Entrepreneur Panel (Room TBA)***
* ***Mindfulness (Room TBA)***
* ***Wellness Through the Arts Interactive (Rooms TBA)***
* ***Connecting with State and Federal Benefits (Room TBA)***

**3:00pm-4:00pm**

Networking l Visit Exhibitors